

**Mexico Ministry of Health
Health Security Measures
March 30, 2020**

Rough English Translation of [Original Ministry of Health Presentation](#)

Measure 1 Subsection (a)

Those that are directly necessary to attend the health contingency, such as the work activities of the medical branch, paramedical, administrative and support throughout the health sector, public and private. Thus, also those who participate in their supply, services and supplies, highlighting the pharmaceutical sector, both in its production and its distribution (the manufacture of supplies, medical equipment and technologies for health care, as well as those involved in the proper disposal of infectious biological hazardous waste), as well as cleaning and sanitization of medical units at different levels of care.

Measure 1 Subsection (b)

Those involved in public safety and protection of citizens in the defense of the integrity and national sovereignty, procurement and justice, as well as legislative activity at the federal and state level.

Measure 1 Subsection (c)

The sectors considered essential for the fundamental operation of the financial economy: tax collection, distribution and sale of energy, gas and gas stations, generation and distribution of drinking water, food and non-alcoholic beverages industry, food markets, supermarkets, self-service stores, grocery and prepared food sales, agricultural and livestock production, passenger and cargo transportation services, agro-industry, chemistry, cleaning products, hardware stores, courier services, guards in private security tasks, nurseries and childcare, asylums and elderly homes, telecommunications and media information, private emergency services, burial and burial services, storage and cold chain of essential supplies, logistics (ports and railways), as well as activities whose suspension may have effects irreversible for their continuation.

Measure 1 Subsection (d)

The operation of government social programs.

Measure 1 Subsection (e)

The conservation and maintenance of critical infrastructure to ensure the production and distribution of essential services, such as: drinking water, electricity, gas, oil, gasoline, jet fuel, basic sanitation, public transport, first class hospital and medical infrastructure, among others that could be defined under this category.

Measure 2

In all the sectors and activities defined as essential, the following actions must be applied in a mandatory manner: do not hold meetings or congregations of more than 100 people, frequent hand washing, sneezing or cough by applying the respiratory label, remote greeting (do not greet with a kiss, or hand or hug) and all other healthy distance measures in force and issued by the Federal Secretary of Health.

Measure 3

The entire population residing in the Mexican territory is urged, including those arriving from abroad, and those that do not participate in essential work activities, to comply with the shelter-in-place order from March 30 to April 30, 2020. Shelter-in-place is undertaken to limit mobility through remaining at home address for most of the time possible.

Measure 4

The shelter-in-place order is strictly applied to any person over 60 years of age or diagnosed with high blood pressure, diabetes, heart or lung disease, immunosuppression (acquired or caused), in a state of pregnancy or immediate puerperium, regardless of if your work activity is considered essential. Essential personnel in the public interest may, voluntarily, report to work.

Measure 5

Once the suspension of non-essential activities has ended and the shelter-in-place order, the Ministry of Health, in accordance with the Ministry of Economy and Ministry of Labor, will issue guidelines for a staggered and regionalized return to work, economic and social, for the entire population in Mexico.

Measure 6

All electoral processes must be postponed until further notice, as well as censuses and surveys to be carried out in the national territory involving the mobilization of people and physical interaction (face to face) between them.

Measure 7

All measures must be applied with strict respect and adherence to human rights.